	SOURCE AUNT JOANNE
	INGREDIENTS/INSTRUCTIONS 1 egg
·	1 cup sour milk
	1/2 tsp salt
	1/2 cup sugar
•	1/2 cup grapenuts
	1 tsp baking powder
	1/2 tsp soda
	2 cups flour
	Beat egg till light lemon-colored. Add sugar-and
	beat. Add grapennuts. Sift together dry ingredients
*	and add to Grapenuts mixture alternately with milk.
	Pour into greased/floured loaf pan. Bake for 45
	minutes at 350°:
	an do ahead serve immediately