

RECIPE MEATLOAF

SOURCE MOM

INGREDIENTS/INSTRUCTIONS

1 lb ground chuck

1 egg

3/4 cup bread crumbs

1/3 cup catsup

1/2 tsp Accent

1/2 pkg onion soup mix

Mix together and form into loaf.

Topping: 1/2 cup brown sugar

ketsup

Worchestershire sauce

Mix and put on top of meat loaf.

Bake for 1 hour at 350°