

RECIPE BARBECUED CHICKEN

SOURCE MEMA

INGREDIENTS INSTRUCTIONS

1 fryer or pieces of chicken breast

2 T butter

2 small onions (chopped)

2 T brown sugar

4 T vinegar

1 cup tomato catsup

1 cup water

2 T worchestershire sauce

salt, pepper, flour

Flour, salt and pepper chicken pieces and bake at 325° for 1 hour, uncovered. Greased foil in pan saves cleanup time. While chicken is cooking, prepare sauce. Saute onions in butter. Add brown sugar, vinegar, catsup, water and worchestershire sauce, with a small sprinkling of salt and pepper. Pour this carefully over the chicken which has baked 1 hour. Cover and bake for 1/2 hour.

can do ahead

serve immediately