

RECIPE CHILI MAC

SOURCE MEMA

INGREDIENTS INSTRUCTIONS

1 lb ground beef

1 cup chopped onion

2 1/2 cups tomatoes (large can)

2 cups kidney beans

2 cups hot water

1 cup elbow macaroni or spaghetti

1/2 tsp each sugar, salt, chili powder

Brown beef, add onions, and cook until lightly browned. Stir in tomatoes, beans, and water.

Bring to a boil, add macaroni/spaghetti and seasonings. Simmer for 1 hour.

can do ahead

serve immediately